

The Seven Essene Mirrors

by James Gilliland

We live in an action/reaction world known as the Plane of Demonstration where consciousness creates reality. We manifest and magnetize people and events into our lives according to our consciousness.

The Seven Essene Mirrors is a way of understanding how this process works. We can use what seem to be negative experiences as stepping-stones to healing and empowerment. "When life rolls boulders, build stairs."

FIRST MIRROR reflects to us that which we are. It is something we ourselves are doing or where we ourselves have been in error or wounded.

SECOND MIRROR reflects to us that which we judge. It is something we have an emotional charge with, something we have either been wounded by in the past and have not forgiven. It is good to discern; however if we judge and condemn with an emotional charge, we will attract exactly what we judge into our lives.

THIRD MIRROR reflects back to us something we Lost, Gave Away, or had Taken Away. When we see something we love and desire in another, it is often something we have lost, given away or had stolen in our own lives. Every relationship is a relationship with self and often we try to reclaim what was lost, we gave away, or had taken away as a child. It could be joy, innocence, honesty and integrity, courage or love. All of which can be reclaimed within self.

FOURTH MIRROR reflects back to us our most forgotten love. This could be a way of life, a lost or unfinished relationship. Often it is a past life where a wrong conclusion from past experience was created. These will recreate themselves over and over until the right conclusion is registered in the soul as wisdom.

FIFTH MIRROR reflects back to us Father/Mother. It is often said we marry our father or mother. We also often become them acting out the same healthy and unhealthy patterns we learned as a child. Our fathers and mothers to us as children are Gods. It will often reflect the same relationship we have with others and the Father/Mother God principle.

SIXTH MIRROR reflects back to us the Quest for Darkness or what is often referred to as the Dark Night of the Soul. This is when we meet our greatest challenges, our greatest fears and have been gathering the tools and understandings in life to confront them. God never gives one any more than they can handle and we have a choice in every experience to greet it as a powerful manifesting God/Goddess or a victim.

SEVENTH MIRROR reflects back to us our self-perception. Others will perceive and treat us according to how we perceive and treat ourselves. If we have a low self-esteem and do not acknowledge our wisdom and beauty, others will not acknowledge them. If we are angry, bitter and unloving to others, they in turn will often react in the same way towards us. If we change our perception of ourselves, we change the world. Maybe it is time to be kind, loving and compassionate to ourselves and others. Remember the saying, "The only reason anyone has power over you is you want something from them." Whether it be love, joy, or a personal God connection, maybe that something can be found within...